European Management Development Programme

2012

Module 2 – June 2012

Inspirational Coaching & Mentoring

Facilitated by:

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**What are the main differences between mentoring & coaching?**

**What are the key skills that a mentor and coach share?**

**Revisit the list that you wrote down on the previous page & next to each one give yourself marks out of 10 on how you currently rate yourself against each skill. (10 being the best and completely competent with no room for improvement)**

**If you were to mentor a member of staff what do you think are the**

**key considerations that you need to think of before your first**

**session with them?**