



High Impact Leadership

Open Course Outline

2-Day Workshop

High Impact Leadership

Learn The Skills, Behaviours And Strategies That Will Take Your Management And Leadership Skills To The Next Level

Course Overview

Our “**High Impact Leadership Training Course**” is designed for managers who want to go beyond managing tasks and develop the mindset, behaviours, and presence of a true leader. Across two days, you’ll gain the skills to build trust, influence, and engagement – transforming the way you lead.

Great leadership goes beyond management. To drive real impact, leaders must inspire, empower, and create a culture where people thrive. This course equips you with the emotional intelligence, communication techniques, and leadership strategies needed to bring out the best in your team.

By the end of this programme, you’ll return to your role with a toolkit of proven leadership strategies – helping you lead with confidence, handle change, and develop high-performing teams.

This course is accredited with the **Institute of Leadership & Management (ILM)** and is also **CPD accredited**, which means that you have the opportunity to receive **2 certificates from attending this course**.



Who Will Benefit From Our Leadership Training Course?

This course is ideal for managers who want to elevate their leadership impact, build stronger teams, and lead with confidence. It is especially beneficial for:

- Middle and Senior Managers
- Department Heads and Functional Leads
- Team leaders preparing for senior leadership roles
- Sales Managers
- HR Professionals
- Project Managers
- Change Managers
- Anyone who has attended our Essential Management Skills Course

With The Help Of This Course, Managers Will Be Able To:

- Shift from managing tasks to leading with confidence and impact
- Develop self-awareness, emotional control, and empathy in leadership
- Build trust and psychological safety within their teams
- Communicate clearly, handle difficult conversations, and inspire others
- Lead teams through change with confidence and adaptability
- Make effective decisions under pressure using proven leadership frameworks
- Coach, delegate, and develop future leaders within their organisation
- Build resilience, manage stress, and sustain long-term leadership success

Course Agenda

Day 1

From Manager to Transformational Leader

- The four key leadership styles and why transformational leadership stands out
- How transformational leaders inspire, engage, and drive change
- The difference between transactional vs. transformational leadership
- Practical ways to develop a transformational leadership approach

Leading with Emotional Intelligence

- The five components of emotional intelligence (EQ) in leadership
- How self-awareness and emotional control impact decision-making
- Using empathy to build stronger relationships and engagement
- Practical exercises to improve emotional intelligence and resilience

Building Trust & Psychological Safety in Your Team

- Why trust is the foundation of high-performing teams
- How leaders unintentionally break trust (and how to rebuild it)
- Creating psychological safety so employees feel valued and heard
- How to handle difficult conversations without damaging relationships

Leadership Communication: Inspiring & Influencing Others

- The common communication mistakes leaders make
- How to give feedback that inspires growth instead of defensiveness
- Adjusting your communication style for different personalities
- Handling conflict and resistance while keeping respect intact

Day 2

Leading Through Change & Uncertainty

- Why people resist change – and how to help them through it
- The emotional side of change and how to manage team reactions
- The role of consistency, and adaptability in change leadership
- Practical change leadership frameworks for middle and senior managers

Decision-Making & Problem-Solving Under Pressure

- How to make confident decisions without overthinking
- Identifying biases and blind spots in decision-making
- The problem-solving frameworks that great leaders use
- Leading teams through tough decisions and keeping momentum

Coaching & Developing Your Team

- How transformational leaders develop future leaders
- The difference between coaching and managing
- How to ask powerful coaching questions to unlock potential
- The right way to delegate without losing control

Resilience & Self-Leadership: Avoiding Burnout & Staying Motivated

- Why many experienced leaders struggle with burnout
- How to build emotional resilience and bounce back from setbacks
- Avoiding decision fatigue and leadership overwhelm
- Creating a personal leadership action plan for long-term success

Locations:

Manchester

Crowne Plaza, Manchester Airport

Ringway Rd, Airport, Manchester, M90 3NS

Coventry

The Village Hotel & Leisure Club,

Dolomite Ave, Coventry, CV4 9GZ

Heathrow

Hilton Garden Inn Heathrow Airport,

Eastern Perimeter Road, Hatton Cross, London, TW6 2SQ

Central London

DoubleTree by Hilton Central London,

60 Pentonville Road, London, N1 9LA

Registration Fee:

£595 + VAT – Course only with **CPD certificate**

£695 + VAT – Course and assessment with **ILM and CPD** certificate

The High-Impact Leadership training course is accredited by the Institute of Leadership & Management (**ILM**) and is also **CPD** Certified (Continuing Professional Development).

After attending the course you will receive a **CPD certificate** as standard.

Following the course, you can also choose to take a short multiple choice assessment back in the workplace (based on the content covered across the day), and upon passing you will receive the **ILM Assured certificate**.

Therefore you will receive **2 accredited certifications**.



Included Within The Registration Fee:

- CPD certificate as standard (Optional ILM certificate)
- Course workbook
- Handouts
- Lunch
- Refreshments throughout the day
- Weekly management tips delivered via email to keep you sharp
- 3-months access to our online learning platform, Skillshub (1000+ engaging courses)
- Unlimited email and telephone support from your trainer after the course

Start/Finish Times

Start: 9.30am

Finish: 4.30 – 5.00pm

Require Accommodation?

MTD have negotiated special discounted rates with the above and other local hotels if you require an overnight stay. Upon booking we will send out all of the joining instructions to you and contained within this will be a special password to enable you to take advantage the discounts available.

Next Steps & Booking Information

Questions/Queries

Call us - 0333 320 2883

Email us – info@mtdtraining.com

Booking

If you would like to book a place on this course please call us on **0333 320 2883**.

Alternatively please book online at:

<https://www.mtdtraining.com/leadership-training-courses-uk-bookingform>

Details of locations, dates and availability for the course can be found here:

<https://www.mtdtraining.com/leadership-training-courses-uk>

Once You Have Booked

We will then send you a confirmation letter, invoice and joining instructions. You can pay through invoice or credit card. Invoice terms are 30 days after invoice date.

Ongoing Email & Telephone Support

After the training course your development doesn't stop there. Your managers can **email or call their trainer** at any time for help or guidance.

They might be implementing some techniques that they have covered on one of the workshops and want some tips on how to implement it for their specific situation.

Whatever the reason, your trainer is available for your managers whenever you need us.

Learning is just the start of the process! We will be with you every step of the way while your staff implement what they have learned.

Ongoing Weekly Management Email Tips

Each of your managers will receive **weekly management tips** through email to keep up the momentum of the training.

Each "Management Tip" will cover topics such as:

- Effective communication
- Self-confidence
- Building high performance teams
- Delegation
- Time management
- Coaching
- Problem solving
- Dealing with difficult staff
- Managing performance
- etc

Access To Our Online Learning Platform: Skillshub

After attending the course you'll have **3 months unlimited access** to our online learning platform, Skillshub.

Skillshub has over 1000 online courses and 2,000 resources in total that include videos, cheat sheets, checklists and audios.

All of this will help you embed your new skills in the workplace.



About MTD



MTD, the management training specialists, has been working with a **wide variety of clients** (both large and small) in the **UK and internationally** since 2001.

Since that time we have delivered training in over **25 different countries** to over **9,000 different organisations** and have helped over **250,000 managers**.

Our head offices are based in the Midlands and we have Local offices in London & Manchester too. We specialise in providing:

- In-house, **tailor made** management training courses (1-5 days duration)
- **Open courses** (Delivered throughout the UK at various locations)
- Management & leadership development **programmes** (From 5 days to 2 years)
- **Blended** learning solutions (online and offline)
- **E-learning content** (2,000+ digital learning assets available)
- Corporate and executive **coaching** (With senior or middle managers)

Our team of highly skilled and experienced trainers and consultants have all had distinguished careers in senior management roles and bring with them a wealth of practical experience to each course. At MTD Training we will design and deliver a solution that suits your specific needs addressing the issues and requirements from your training brief that best fits your culture, learning style and ways of working

Our Key Unique Selling Point

*"Bespoke, practical and quality training delivered by a trainer experienced in your industry is a "given". Where we really make a difference is how we **help your managers to embed and implement the learning** after the course. We offer industry leading post course support to make this happen so you get a real, tangible return on your investment"*



Head Office:

MTD Training, 5 Orchard Court, Binley Business Park, Coventry, Warwickshire, CV3 2TQ

Website:

www.mtdtraining.com

Email:

info@mtdtraining.com

Telephone:

0333 320 2883