



High-Impact Leadership

Open Course Outline

2-Day Workshop

High-Impact Leadership

Learn The Skills, Behaviours And Strategies That Will Take Your Management And Leadership Skills To The Next Level

Course Overview

Our “**High-Impact Leadership Training Course**” is designed for managers who want to go beyond managing tasks and develop the mindset, behaviours, and presence of a true leader. Across two days, you’ll gain the skills to build trust, influence, and engagement – transforming the way you lead.

Great leadership goes beyond management. To drive real impact, leaders must inspire, empower, and create a culture where people thrive. This course equips you with the emotional intelligence, communication techniques, and leadership strategies needed to bring out the best in your team.

By the end of this programme, you’ll return to your role with a toolkit of proven leadership strategies – helping you lead with confidence, handle change, and develop high-performing teams.

This course is accredited with the **Institute of Leadership & Management (ILM)** and is also **CPD accredited**, which means that you have the opportunity to receive **2 certificates from attending this course**.



Who Will Benefit From Our Leadership Training Course?

This course is ideal for managers who want to elevate their leadership impact, build stronger teams, and lead with confidence. It is especially beneficial for:

- Middle and Senior Managers
- Department Heads and Functional Leads
- Team leaders preparing for senior leadership roles
- Sales Managers
- HR Professionals
- Project Managers
- Change Managers
- Anyone who has attended our Essential Management Skills Course

With The Help Of This Course, Managers Will Be Able To:

- Shift from managing tasks to leading with confidence and impact
- Develop self-awareness, emotional control, and empathy in leadership
- Build trust and psychological safety within their teams
- Communicate clearly, handle difficult conversations, and inspire others
- Lead teams through change with confidence and adaptability
- Make effective decisions under pressure using proven leadership frameworks
- Coach, delegate, and develop future leaders within their organisation
- Build resilience, manage stress, and sustain long-term leadership success

Course Agenda

Day 1

Introduction & Objectives

From Manager to Transformational Leader

Step beyond day-to-day management and discover how to lead in a way that energises your team, sparks innovation, and drives lasting impact. Learn practical tools to shift your mindset to influence with clarity and purpose.

Leading With Emotional Intelligence

Learn how to manage your emotions, read the room, and build deep trust with your team, especially under pressure. Gain the skills to lead with empathy, understand others and make better decisions.

Building Trust & Psychological Safety In Your Team

Create a team culture where people feel safe, heard, and motivated to give their best. Learn how to build trust and address issues without damaging relationships. Turn difficult conversations into moments of connection.

Leadership Communication: Inspiring & Influencing Others

Learn how to communicate with confidence, purpose, and clarity so your message lands and inspires action. Flex your style to connect with different personalities and deliver feedback that motivates, even in tough moments.

Day 2

Recap & Actions from Day 1

Leading Through Change & Uncertainty

In times of change, your team looks to you for direction, confidence, and calm. Learn how to lead through uncertainty with empathy, clarity, and control. Use practical frameworks to manage resistance and keep focus.

Decision-Making & Problem-Solving Under Pressure

Learn how to stay clear-headed, cut through complexity, and make smart calls without hesitation. Spot blind spots, overcome overthinking, and lead with confidence in high-stakes moments.

Coaching & Developing Your Team

Learn how to shift from managing tasks to coaching talent using powerful, growth-focused questions. Develop future leaders, delegate with purpose, and stretch your team without losing control.

Resilience & Self-Leadership: Avoiding Burnout & Staying Motivated

Learn to spot early signs of burnout and build the habits that keep you energised, focused, and in control. Use practical strategies to build resilience, protect your mental stamina, and stay motivated.

Locations:

Manchester

Crowne Plaza, Manchester Airport

Ringway Rd, Airport, Manchester, M90 3NS

Coventry

DoubleTree by Hilton,

Paradise Way, Walsgrave on Sowe, CV2 2ST

Heathrow

Hilton Garden Inn Heathrow Airport,

Eastern Perimeter Road, Hatton Cross, London, TW6 2SQ

Central London

DoubleTree by Hilton Central London,

60 Pentonville Road, London, N1 9LA

Bristol

Holiday Inn Bristol Filton Hotel,

Filton Road, Hambrook , Bristol, BS16 1QX

Registration Fee:

£595 + VAT – Course only with **CPD certificate**

£695 + VAT – Course and assessment with **ILM and CPD** certificate

The High-Impact Leadership training course is accredited by the Institute of Leadership & Management (**ILM**) and is also **CPD** Certified (Continuing Professional Development).

After attending the course you will receive a **CPD certificate** as standard.

Following the course, you can also choose to take a short multiple choice assessment back in the workplace (based on the content covered across the day), and upon passing you will receive the **ILM Assured certificate**.

Therefore you will receive **2 accredited certifications**.



Included Within The Registration Fee:

- CPD certificate as standard (Optional ILM certificate)
- Course workbook
- Handouts
- Lunch
- Refreshments throughout the day
- Weekly management tips delivered via email to keep you sharp
- 3-months access to our online learning platform, Skillshub (1000+ engaging courses)
- Unlimited email and telephone support from your trainer after the course

Start/Finish Times

Start: 9.30am

Finish: 4.30 – 5.00pm

Require Accommodation?

MTD have negotiated special discounted rates with the above and other local hotels if you require an overnight stay. Upon booking we will send out all of the joining instructions to you and contained within this will be a special password to enable you to take advantage the discounts available.

Next Steps & Booking Information

Questions/Queries

Call us - 0333 320 2883

Email us – info@mtdtraining.com

Booking

If you would like to book a place on this course, please call us on **0333 320 2883**.

Alternatively, please book online at:

<https://www.mtdtraining.com/leadership-training-courses-uk-bookingform>

Details of locations, dates and availability for the course can be found here:

<https://www.mtdtraining.com/leadership-training-courses-uk>

Once You Have Booked

We will then send you a confirmation letter, invoice and joining instructions. You can pay through invoice or credit card. Invoice terms are 30 days after invoice date.

Ongoing Email & Telephone Support

After the training course your development doesn't stop there. Your managers can **email or call their trainer** at any time for help or guidance.

They might be implementing some techniques that they have covered on one of the workshops and want some tips on how to implement it for their specific situation.

Whatever the reason, your trainer is available for your managers whenever you need us.

Learning is just the start of the process! We will be with you every step of the way while your staff implement what they have learned.

Ongoing Weekly Management Email Tips

Each of your managers will receive **weekly management tips** through email to keep up the momentum of the training.

Each "Management Tip" will cover topics such as:

- Effective communication
- Self-confidence
- Building high performance teams
- Delegation
- Time management
- Coaching
- Problem solving
- Dealing with difficult staff
- Managing performance
- etc

Access To Our Online Learning Platform: Skillshub

After attending the course you'll have **3 months unlimited access** to our online learning platform, Skillshub.

Skillshub has over 1000 online courses and 2,000 resources in total that include videos, cheat sheets, checklists and audios.

All of this will help you embed your new skills in the workplace.



About MTD



MTD, the management training specialists, has been working with a **wide variety of clients** (both large and small) in the **UK and internationally** since 2001.

Since that time we have delivered training in over **25 different countries** to over **9,000 different organisations** and have helped over **250,000 managers**.

Our head offices are based in the Midlands and we have Local offices in London & Manchester too. We specialise in providing:

- In-house, **tailor made** management training courses (1-5 days duration)
- **Open courses** (Delivered throughout the UK at various locations)
- Management & leadership development **programmes** (From 5 days to 2 years)
- **Blended** learning solutions (online and offline)
- **E-learning content** (2,000+ digital learning assets available)
- Corporate and executive **coaching** (With senior or middle managers)

Our team of highly skilled and experienced trainers and consultants have all had distinguished careers in senior management roles and bring with them a wealth of practical experience to each course. At MTD Training we will design and deliver a solution that suits your specific needs addressing the issues and requirements from your training brief that best fits your culture, learning style and ways of working

Our Key Unique Selling Point

*"Bespoke, practical and quality training delivered by a trainer experienced in your industry is a "given". Where we really make a difference is how we **help your managers to embed and implement the learning** after the course. We offer industry leading post course support to make this happen so you get a real, tangible return on your investment"*



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