



LEADERSHIP & MANAGEMENT TRAINING

Better Managers. Better Teams. Better Results.

Practical, award winning training that changes what your managers do back at work, not just what they know.

9,000+

organisations trained

24 years

developing managers

4.8/5

average course rating

6

L&D and HR awards

TRUSTED BY 9,000 COMPANIES TO BUILD LEADERSHIP EXCELLENCE.

If behaviour doesn't change back at work, the training hasn't worked.

MTD Training is a specialist UK management and leadership training provider. Since 2001 we've worked with more than 9,000 organisations, from FTSE 100 names and global brands to fast growing SMEs, councils and charities.

That one rule at the top of this page shapes everything we do. Our training is practical, hands on and built around the real situations your managers face every day, so they leave with tools they'll use the very next morning.

Every course is ILM and CPD accredited and run by trainers who've led teams themselves. And the support doesn't stop when the workshop ends: every delegate gets unlimited follow up from their trainer and access to our online learning platform to keep the skills alive.

Whether you need a one day course for a handful of new managers or an 18 month programme for your whole leadership population, we'll shape it around you.

The cost of leaving it

Most people are promoted into management because they were great at the job, not because anyone showed them how to lead a team. Leave that gap open and it doesn't stay quiet. It shows up later as missed targets, conflict that drags on, good people handing in their notice, and managers who burn out trying to do everything themselves. The longer it runs, the more it costs to fix.

WHO WE HELP

New and first time managers

Supervisors, team leaders and anyone stepping up without formal training.

Experienced managers

Middle and senior managers ready to move from managing tasks to leading people.

L&D and HR teams

Partners who need a programme that delivers, and proof that it worked.

Six ways we develop your managers

Use one on its own or combine them into a complete programme. Either way, it's built to change behaviour, not just tick a box.

01

Open Courses

Join managers from other organisations on our two day, ILM and CPD accredited courses, run in London, Manchester, Bristol, Coventry and Reading.

02

Bespoke In House Training

Custom built around your objectives and delivered at your workplace or a venue of your choice, anywhere in the UK, on a schedule that suits your team.

03

Management Development Programmes

Award winning programmes of core modules delivered over 3 to 18 months, face to face, virtual or fully blended.

04

Assessments and Profiling

360 degree feedback, DISC, MBTI (Myers Briggs), SDI and Hogan, so your managers see themselves clearly and you can measure progress.

05

Digital Learning

Online courses, live interactive webinars and microlearning that work on mobile and tablet, with formal accreditation options.

06

Proving the Return

Our IMPACTS evaluation tool measures the return on your training investment, so you can show the board exactly what changed.

Two courses, two certificates

FOR NEW MANAGERS | 2 DAYS

Essential Management Skills

Ideal if you've had no formal training or you're new to the role. A thorough grounding in everything a modern manager needs.

Day 1

- ✓ What makes an effective manager
- ✓ Your managerial style
- ✓ Coaching and feedback
- ✓ Communication and influencing
- ✓ Managing conflict

Day 2

- ✓ Delegation skills
- ✓ Managing performance
- ✓ Building high performance teams
- ✓ Time management
- ✓ Motivation and understanding others

CPD certificate

£495 + VAT

ILM & CPD certificates

£595 + VAT

FOR EXPERIENCED MANAGERS | 2 DAYS

High-Impact Leadership

For managers who have the basics and are ready to move from managing tasks to leading people with confidence.

Day 1

- ✓ From manager to transformational leader
- ✓ Leading with emotional intelligence
- ✓ Trust and psychological safety
- ✓ Leadership communication

Day 2

- ✓ Leading through change
- ✓ Decisions under pressure
- ✓ Coaching and developing your team
- ✓ Resilience and self leadership

CPD certificate

£595 + VAT

ILM & CPD certificates

£695 + VAT

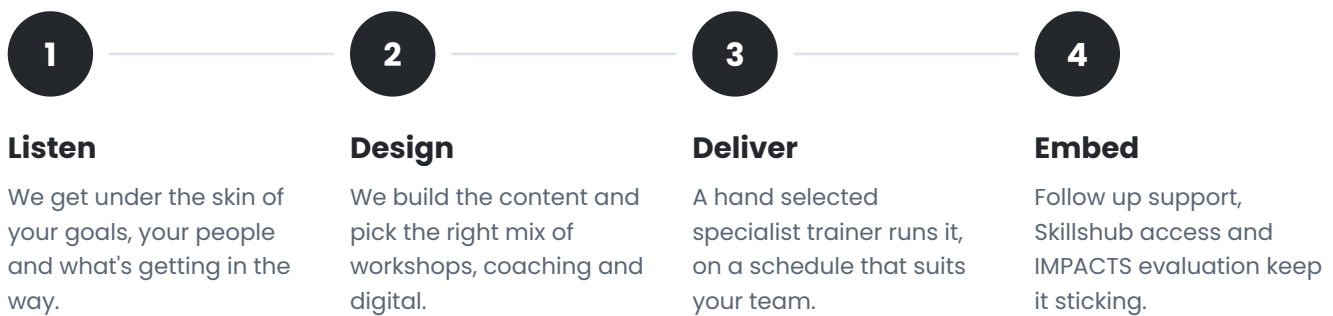
Included with every open course

- ✓ CPD certificate as standard, optional ILM certificate
- ✓ Course workbook and handouts
- ✓ Lunch and refreshments throughout
- ✓ Unlimited email and phone support from your trainer
- ✓ 6 months' access to Skillshub, with 1,000+ online courses
- ✓ Weekly management tips by email

Venues: London Heathrow, Central London, Manchester Airport, Bristol, Coventry and Reading. Rated 9.3 to 9.5 out of 10 by the last 100 delegates on each course.

Built around you, not a catalogue

Got three or more people who need the same skills? Running it in house usually works out cheaper than open courses, and every session is shaped around your culture, your challenges and your competency framework.



Management Development Programmes

A series of modules delivered over 3 to 18 months, so learning has time to turn into habit. Pick any of these building blocks:

● Modular workshops

● Digital learning

● Live webinars

● 1:1 coaching

● 360 degree feedback

● Behavioural profiling

● ILM and CPD accreditation

● Work based projects

● Team building events

● Simulations

● Action learning sets

● Flipped classroom

Trusted by Xerox, Allianz, Waitrose, Great Western Railway, Honda, Friends Provident International and many public sector organisations.

Results you can take to the board

We measure what changes back at work, not just how people felt on the day.
Here's what that looks like.

CASE STUDY | GREAT WESTERN RAILWAY

£1.2 million better off

An 18 month leadership programme for 75 senior and 280 middle managers, combining workshops, DISC profiling, 360 degree feedback, eLearning and action learning sets, all measured across the four Kirkpatrick levels.

£494.7k

cost savings

£750.2k

revenue increase

+37%

manager confidence

+33%

team performance

30%

fewer accidents and incidents

+33%

customer satisfaction

More results from our clients

+27%

Xerox

leadership readiness

+22%

Mirus

manager confidence

+21%

Allianz

360 degree feedback scores

+20%

Friends Provident Int.

manager capability after an acquisition

+20%

Malvern Hills DC

commercial skills of managers

+19%

First Group

confidence of new managers

Why 9,000+ organisations choose us

Outstanding feedback

Our courses average 4.8 out of 5 across eight criteria, from relevance to the trainer's delivery.

Hand selected trainers

We match the specialist with the strongest skills and experience for your exact needs.

Support that keeps going

Unlimited email and phone support plus Skillshub access, because the real work starts after the course.

Great value

Needs analysis, design, materials, feedback reports and certificates are all part of the package.

Our results guarantee

Use what you learn. No measurable results? Full refund. No takers since 2001.

No talk and chalk

Case studies, role plays, action learning and brain friendly techniques that make learning stick.



Delivers. That is one word that sums up MTD. On time, beyond expectations, at short notice and without fail.

Carrie Foster, L&D Manager,
Aggreko



We strongly recommend MTD as a training and coaching provider. For their professionalism and for the successful results we've achieved.

Maria Gomez, HR Manager, Xerox



The training was excellent. It was very practical and completely hit the mark.

Amanda Cook, L&D Manager,
VMware

Award winning, year after year

2026
Silver, British Training Awards

Leadership Development Initiative of the Year

2025
Sunday Times Best Places to Work

For team feedback and culture

2024
Breakthrough Culture Award

For our inclusive workplace culture

2019
Midlands Enterprise Awards

Best Training Provider

2018
The Learning Awards

External Learning Solution of the Year

2017
CIPD People Management Awards

Best HR/L&D Supplier

2017
Personnel Today Awards

Best HR Supplier Partnership

MEET THE TEAM

Led by people who've done the job

SM

Sean McPheat
Founder & CEO

30+ years in business, author and keynote speaker.

KG

Kelli Grinter
Chief Operating Officer

Leads operations and in house programmes.

LD

Louise Denny
Head of Learning & Development

10+ years designing programmes for national brands.

MW

Mark Williams
Senior Trainer

25+ years' coaching, including Jaguar Land Rover.

HH

Helen Hamilton
Senior Trainer

20+ years, working with the NHS and Age UK.

JU

Jose Ucar
Senior Trainer

Global trainer and TEDx speaker, 15 years' experience.

LET'S TALK

Your managers won't get better by waiting.

Tell us what's going on with your team and we'll come back with options, costs and a free tailored proposal. No hoops, no meter running.

Get your free proposal

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MTD Training is a trading name of Management Training & Development Ltd.
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